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Senior Airman Edward Roberts, 451st Expeditionary Security Forces Squadron fly away security team member, provides ground security for a C-130J March 12 in Shindand, Afghanistan. Airman Roberts is assigned to the 49th Security Forces Squadron at Holloman Air Force Base, NM. (U.S. Air Force photo by Senior Airman Nancy Hooks/Released)

FAST integral part of 451st mission

By Tech. Sgt. Renni Thornton451st Air Expeditionary Wing Public Affairs

Members of the 451st Expeditionary Security Forces Squadron perform a valuable task every day. They provide security to aircraft as they load and unload cargo and passengers.

Airman 1st Class Sean Padilla and Senior Airman Edward Roberts are part of an 11-person team put together solely to provide security for 451st aircraft while deployed to Kandahar Airfield.

"Our job is to provide ground security for aircraft

and personnel. We make sure the cargo, passengers and crew members are able to load or off-load safely," said Airman Padilla.

The security forces team members are required to fly with certain missions. Those are determined based on the threat level at some of the places the aircraft fly into, said Lt. Col. Ash Salter, commander, 772nd Expeditionary Airlift Squadron.

"The FAST members are the first responders to defend the aircraft when it's away from home station. They give the crews peace of mind when they are on board. We definitely appreciate them being there," said Colonel Salter.

Chief's Chatter: Teamwork with a capital V

By Chief Master Sgt. Steve McDonald 451st AEW Command Chief

From 2004 through 2006, my family and I were stationed at Grand Forks Air Force Base, N.D. There were many things I saw and experienced there that I had never seen or experienced before. I went ice fishing for the very first time in my life (and most likely the very last time in my life). I saw the Aurora Borealis in the evening sky. And I saw migrations of Canadian Geese to an extent that I had never seen before. It wasn't uncommon to look up into the sky and see several formations of geese flying south in the classic V formation during the fall.

Many of you already know the reason some birds fly in a V formation when travelling large distances. The V formation greatly boosts the efficiency and range of flying birds. All the birds except the first fly in the up wash of the wingtip vortices of the bird ahead. The up wash assists each bird in supporting its own weight in flight. In a V formation of 25 members, each bird can achieve a reduction of induced drag by up to 65 percent and as a result increase their range by 71 percent. The birds flying at the tips and at the front are rotated in a timely cyclical fashion to spread flight fatigue equally among the flock members. But more than that, every article I researched regarding the V formation flying stated a second reason for the formation. In addition to the increase in efficiency, the formation allows the birds to communicate with each other easier and maintain visual contact.

There is a lot that can be learned about teamwork and leadership from this natural phenomenon.

Being a leader isn't always the easiest thing to do. The lead bird has to exert the most energy to break the wind and move the flock along. Although it's the hardest position, someone has to step up and take the lead. I'm not sure how the birds figure it out.

Maybe it's like certain situations we face. Everyone just hangs around waiting for someone to take the initiative. Once the lead bird sets out, others seem to fall into line as part of the team. In the same way, opportunities may arise where you need to take control of the situation and rally the team to get the mission done.

In the formation, each bird has his job to do. If the lead bird didn't maintain communication and close contact with the flock, part of the team could get off course or lag behind. If that happened, instead of one efficient team, there would be two separate teams working harder than they would need to work otherwise. It's vital that the lead bird set the right course and ensure the flock is in line behind. If you are ever in the leader role, remember the importance of maintaining communication and contact with your team.

The team needs to hear from and see their leader.

Don't forget — if you're taking off and there is no one following, you're not leading ... you're just moving.

Additionally, each of the birds must ensure they maintain their correct place in the formation and perform the job they are assigned.

What would happen if one of the birds decided they didn't want to participate anymore or didn't want to pull their weight?

It would force the other birds to work harder in order to catch up and accomplish the overall mission.

In the same way, every one of us must carry out our duties without concern that it may not be the leader role. If we don't perform to our best, the team will surely suffer.

Lastly, it's intriguing to see how the birds rotate the role of leader. Each bird takes its turn leading the formation and exert-

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Shirt's Dirt: Your actions reflect your values

By Master Sgt. Joseph A. Adams 73rd Expeditionary Air Control Squadron First Sergeant

What is accountability? Why do we have accountability in the Air Force? What is to be accountable as an Airman? I pose these questions to the Air Force men and women here at Kandahar Airfield because I find it necessary to start with whom you know and work with on a daily basis.

I Googled the Department of Defense definition of accountability and my search found "it is the obligation imposed by law or lawful order or regulation on an officer or other person for keeping accurate record of property, documents or funds. Accountability is concerned primarily with records, while responsibility is concerned primarily with custody, care and safekeeping."

Good definition, but I must expound more on the meaning. Accountability, along with honesty, responsibility, justice, openness, self-respect and humility, are key aspects and the foundation to uphold the Air Force Core Value *Integrity First*.

There are six rules that we all should follow.

First, accountability starts with you by holding yourself accountable for your actions first and then you can hold others accountable for their actions. Don't set a double standard where the values are ridiculed and the road to success is one of selfishness and hypocrisy.

Second, you should know to whom and what to be loyal. Accountability is about doing the right thing based on the good and the bad. It's about doing what's right rather than what will make you popular. It's about a willingness to make tough decisions because you are committed to enforcing core values. It's about being a champion of core values and of those individuals who display a commitment to them.

See ACCOUNTABILITY, page 4

AOR Photo of the Week



Sheer talent

Staff Sgt. Anthony Murray, 451st Expeditionary Aircraft Maintenance Squadron A-10C crew chief, paints an anime figure on a wall at the 104th Expeditionary Fighter Squadron/451st Expeditionary Aircraft Maintenance Squadron facility March 9. Sergeant Murray earned an associate's degree in visual arts and has been drawing for eight years. He said he wanted to leave a remarkable impression at KAF with this wall mural, going in a more bold direction than the average piece of military artwork. (U.S. Air Force photo by Senior Airman Nancy Hooks/Released)

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ing more energy than the others. Instead of one bird trying to lead the entire journey, the lead bird rotates out and falls back into the formation to benefit from the overall efficiency of the team. In a team, everyone has different skills and brings different capabilities to the mission.

A good leader will recognize when it's time to let someone else take control of a project if it's better for the mission.

Pride isn't an issue when the goal of the leader and the goal of the team are the same: successful mission accomplishment.

And just as a good leader will allow someone else to step up, team members must be ready to take that control when it becomes necessary.

We can't skip our turn to lead the formation when it's required. If leaders refuse to fully utilize the skills of their team or team members refuse to contribute 100 percent, the mission will be negatively impacted.

The lesson of the V formation is that leaders lead, followers follow, and we must each perform at our best—no matter how long the journey.

Commentary:

Wounded soldier reenlists under unusual circumstances

By Lt. Col. Elizabeth Shaw and Lt. Col. Joann Danner

451st Expeditionary Aeromedical Evacuation Flight

When a wounded U.S. Army soldier decided to reenlist while still in the war zone, the work of an Air Force officer made it happen.

Capt. Steven Fox of the 451st Contingency Aeromedical Staging Facility at Camp Bastion discovered one of their patients, U.S. Army Staff Sgt. Chad Brinkley was due to re-enlist and wanted to do so in Afghanistan.

That was all the ammunition Captain Fox needed get the ball rolling to make this important event happen for Sergeant Brinkley. With the aid of Maj. Keshi Surles, Captain Fox reached back to the states to shuffle through the administrative red tape necessary for the reenlistment process. This may sound like it would be all in a day's work, but, he was halfway around the planet. It was a holiday weekend so most offices in the U.S. were closed. Internet, fax and telephone capabilities were malfunctioning

and Staff Sergeant Brinkley was scheduled for aeromedical evacuation on the next mission.

When Major Surles and Captain Fox were able to contact the appropriate offices, it took 30 minutes to download and print each form required.

Just one more exercise in patience and flexibility in an expeditionary environment

With a cake from the dining facility, the 451st CASF staff organized an area of the tent to hold the ceremony.

The uniform of the day was not standard, since Staff Sergeant Brinkley and his fellow wounded warriors no longer had serviceable uniforms.

Two Marines clothed in sweat pants and flip flops stood straight and tall holding the American flag, while a British chaplain touched hearts with his comments. Reciting the oath from memory, a Marine lieutenant colonel officiated the ceremony as Air Force medical personnel witnessed the reenlistment. Staff Sergeant Brinkley reenlisted wearing the "lucky" baseball cap that he wore when his daughter was



Army Staff Sgt. Chad Brinkley reenlists while recovering from injuries at the 451st Contingency Aeromedical Staging Facility at Camp Bastion. (Courtesy photo)

born, his one link to family back home that day. Staff Sergeant Brinkley shared that being in the Army and serving his country was the only thing he wanted to do, and he planned to continue serving 10 more years. With that, there wasn't a dry eye in the tent.

ACCOUNTABILITY, from page 2

Third, accountability means to know who is to blame. There have been instances where some leaders don't want to hurt a person's career so we don't hold them accountable for their bad actions. Their actions are their own and not yours. For whatever the consequences are, you are not to blame for the individual actions of others. You did not force them to drive drunk, you did not guide their actions to write a bad check and you did not tell them to sexually harass someone. They took that upon themselves. You must hold that Airman accountable for their actions. It is perfectly understandable to feel sorry for them, but in order for the core values to survive, the offender should be held accountable.

Fourth, confession is good. You must take the responsibility and own up if something goes badly. You should expect your Airmen to accept the accountability and the consequences. Lying and/or shifting the blame are a direct violation of the core values. When an Airman cannot accept their own accountability, then the core values have no meaning to them.

Fifth is to be consistent in application. Everyone is accountable for their actions with no exceptions. Every situation and offense is unique. Set the standard so the consistency shows that while violations may have some deviations in response, they will not be allowed.

If your credibility slips and you are paying lip-service to the values you are charged to live by. It may be a hard choice to hold one accountable for their negative actions, but you are certainly correct and justified to uphold the core values.

Sixth is that accountability has memory. I mean that you should not reward an Airman who received non-judicial punishment by nominating him or her for writing a quarterly awards package a few months after the fact. Nor take them off of a unfavorable information file early in order for them to reenlist, nor give a high rating on an enlisted performance report so they could get the promotion.

We as a service follow rules of those we merit and who have embraced and exhibited the core values. To merit those who sidestep and disregard the core values can disenfranchise those they lead and their peers. We all must be honest with our leaders, our subordinates and ourselves.

Keeping high core value standards and ensuring those standards are enforced without bias will make the Air Force and its people a truly merit based, fair career opportunity to succeed. I implore you to internalize the advice I am giving and ensure you are doing right by yourself and for the service.

To be a quality Airman, you must be accountable in every aspect of your professional and personal life.

AFCENT command chief visits KAF

By Tech. Sgt. Renni Thornton 451st AEW/PA

The Command Chief for U. S. Air Forces Central, Southwest Asia, visited Kandahar Airfield March 1 through 4 to check on the morale of the Airmen serving here and see how things were going.

Command Chief Master Sgt. Mark J. Villella visited with various units during his 3-day visit.

"The reason for the visit was morale and to get smarter on what they do," said Chief Villella. He also said because the missions are so multi-faceted, he wanted to see how Airmen did their jobs.

Part of the chief's job is to advise the commander and staff on matters influencing the health, welfare, morale and effective utilization of assigned enlisted personnel.

For once, he said, he will go back to his office without a "to do" list of issues or concerns.

He attributes that to leadership, admiring the way Chief Master Sgt. Steve K. McDonald, 451st Air Expeditionary Wing command chief relates to Airmen.

"I got to have him escort me for three days and he is a pretty good guy," Chief Villella said. "It's nice to see how he interacts with the Airmen. He really relates to people, and that is true leadership."

Another mark of true leadership is the level of authority and excellence in which Airmen have to rise to that impresses him the most, he said.

He referred to a conversation with Airmen from an explosive ordinance disposal unit on KAF.

"Sometimes you may have a senior



The Command Chief for U. S. Air Forces Central, Southwest Asia, Chief Master Sgt. Mark J. Villella, meets with members of the 451st Expeditionary Civil Engineer Squadron. (U.S Air Force photo by Senior Airman Nancy Hooks/Released)

airman who is assigned to an IED strike, and he has to be in charge and he's only a senior airman who is working with an Army captain or Army major and has to say 'I've got to secure this scene, Sir.' And yet, he's only a senior airman, but he has to take charge of that scene and respectfully do that."

He said he recognizes and appreciates the fact that many Airmen are serving in some pretty austere conditions.

"Some of them are going to some areas where there are no hot meals," he

said. "Some of those FOBs are pretty sparse. But some of the guys are happy about being out there—they are closer to the fight, closer to the mission, closer to the battle."

The chief said his visits are more meaningful when he can talk to the Airmen doing the job.

"I like to go out and visit Airmen and see what's on their minds, find out what issues or concerns they have. I like to meet them and hear their stories."

Flightline photography requires authorization, pass

Everyone likes to take photos of places they've been or the work they do and send them to family members, particularly when deployed.

Members serving at Kandahar Airfield are reminded they are not authorized to take photos of any aircraft without first obtaining a photography permit and pass, or permission from Public Affairs.

Military and civilians are required to submit a permit request to the base operations center with their unit commander's signature. The request form can be obtained from the unit security manager. American military members requesting permission to photograph American assets must have their commander's signature on the form. Additionally, photographs taken must be approved by the Public Affairs staff before they can be released.

"Frequently, deployed Airmen take photos around Kandahar and send them home or place them on a social networking site," said Capt. Kristen Duncan, 451st Air Expeditionary Wing public affairs chief. "They should be reviewed prior to public release for operational security. To do that, Airmen can load them to the shared S: drive in the folder 'To be approved."

For more information, contact Captain Duncan at 420-2282.

Military members, some civilians qualify for tax filing extensions, other exclusion benefits

Information provided by Legal Office

Military members and some civilians stationed overseas or serving in a combat zone automatically qualify for an extension when preparing to file 2009 tax returns.

According to an Internal Revenue Service news release, "Filing Extensions and Tax Return Preparation Assistance for Military Personnel Stationed Abroad or In a Combat Zone," dated December 2009, military members have up to 180 days after they return from a deployed combat location.

"If you are serving in a combat zone or in a contingency operation (or are hospitalized as a result of an injury received while serving in such an area or operation), you qualify for extensions of deadlines. The deadlines for filing tax returns, paying taxes, filing claims for refund, and taking other actions with the IRS are extended to at least 180 days after you leave the designated combat zone or contingency operation," according to the release.

Members can contact the IRS directly with questions about combat zone relief for extensions of deadlines through a special e-mail address: combatzone@irs.gov.

According to the IRS, members of the military do not need to write "COMBAT ZONE" or their deployment date on the tops of their tax return.



(Internal Revenue Service graphic)

In most cases, individual state income tax returns follow the IRS rules, however please refer to your state for specific information.

For more information, contact the 451st Legal Office here at 420-2279.

Frequently asked questions regarding tax returns

Q: My son is a member of the U.S. Armed Forces who has been serving in a combat zone since March 1. Is he entitled to an extension of time for filing and paying his federal income taxes? Are any assessment or collection deadlines extended?

A: For both questions, the answer is yes. In general, the deadlines for performing certain actions applicable to his taxes are extended for the period of his service in the combat zone, plus 180 days after his last day in the combat zone. This extension applies to the filing and paying of your son's income taxes that would have been due April 15. In addition to the 180 days, his extension period will include the 46 days that were left before the April 15th deadline when he entered the combat zone. During his 226-day extension period, assessment and collection deadlines will be extended, and he will not be charged interest or penalties attributable to the extension period.

Q: Do the deadline extension provisions apply only to members of the U.S. Armed Forces serving in the combat zone?

A: No. Unlike the combat zone military pay exclusion, the deadline extensions also apply to individuals serving in the combat zone in support of the U.S. Armed Forces, such as merchant marines serving aboard vessels under the operational control of the Department of Defense, Red Cross personnel, accredited correspondents, and civilian personnel acting under the direction of the U.S. Armed Forces in support of those forces.

Q: I have been serving in a combat zone since last November. I understand that the deadline for performing certain actions required by the tax laws is extended as a result of my service. When did these deadline extensions begin for me?

A: The deadline extension provisions apply to most tax actions required to be performed on or after the beginning date for your combat zone, or the date you began serving in that combat zone, whichever is later. In your case, the deadline extensions began the day you started serving in the combat zone last November.

Q: My son, who is a member of the U.S. Armed Forces serving in a combat zone, will file his individual income tax return for last year after the regular April 15 due date, but on or before the end of the deadline extension for filing that return. He expects to receive a refund. Will the IRS pay interest on the refund?

A: Yes. The IRS will pay interest from the April 15 due date on a refund issued to your son if he files his individual income tax return on or before the due date of that return after applying the deadline extension provisions. If his return is not timely filed on or before the extended due date, no interest will be paid on the refund except as provided under the normal refund rules. Even though the deadline is extended, your son may file a return earlier to receive any refund due.

More questions and answers regarding tax filing can be found at http://www.irs.gov/newsroom and click on Armed Forces under Newsroom Topics.



Partnering

Brigadier Gen. Guy Walsh, 451st Air Expeditionary Wing commander, greets Maj. Gen. Abdul Raziq Sherzai, Kandahar Air Wing commander, March 10 at his compound in Kandahar, Afghanistan. General Sherzai invited members of the 451st Air Expeditionary Wing to have a traditional Afghan meal. General Walsh is the senior mentor to General Sherzai. (U.S. Air Force photo by Senior Airman Nancy Hooks/Released)

FAST, from page 1

Of the past 45 missions, about 35 percent could not have been performed without the FAST members, said Maj. Robert W. Slanger, assistant director of operations, 772nd EAS.

In addition to ground security, the FAST members provide security to passengers as well.

"We also provide security to distinguished visitors, general officers, and third-country nationals. Sometimes the aircraft transports detainees," said Staff Sgt. Edgar Reyes, team chief and coordinator. "On those missions, we provide flight deck denial. It's security for the flight crew to deter hijacking."

There are times when the security team will assist the load-masters with on- and off-loading.

"When we can, we help them out—it just makes the mission go faster and smoother," Sergeant Reyes said. The team is comprised of nine males, one female, and one team coordinator.

They attend a one-week training course together, conducted by Phoenix Raven instructors at the Air Expeditionary Center, Fort Dix, N.J. There, they learn verbal judo, ground combat skills, and defense techniques.

The current FAST travelled together from Holloman Air Force Base, N.M. Whenever possible, teams travel from the same location, said Senior Master Sgt. Eliezer Cruz, 451st ESFS manager.

"They usually know each other, having worked together at their home station," he said. "Deploying them together just adds to the cohesiveness of the team. It doesn't always work out, but usually that is preferred."

It is also preferred to have a Raven with each fly away team, said Sergeant Cruz. Sergeant Reyes has been a Raven since 2005, number 1317.

Overall, Airmen Padilla and Roberts both agree the work they do here is important.

"This is different than what we do back home," said Airman Padilla. "Here, we provide security so that the cargo and passengers can get off-loaded or on-loaded safely. They go to some hot spots where security is not available. It's our job to make sure they can carry out the mission safely."

WASPs awarded Congressional Gold Medal

By Staff Sgt. J.G. Buzanowski Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) — The first female military pilots received the Congressional Gold Medal at a ceremony in the Capitol March 10.

Almost 70 years ago, the Women Airforce Service Pilots were disbanded with little fanfare, but this ceremony was a way to make things right for the trail-blazers, said Secretary of the Air Force Michael Donley.

"As a result of your conviction and your devotion to duty, from that time onward, women would forever be a part of United States military aviation," Secretary Donley said.

More than 200 WASPs attended the event, many of them wearing their World War II-era uniforms. The audience, which Speaker Nancy Pelosi noted was one of the largest ever in the Capitol and too large to fit into Emancipation Hall, also included their families, as well as the families of those who have since died or couldn't travel.

Military members from every branch of service served as escorts for the veterans. For 1st Lt. Sarah Reich, escorting WASP Janet Lee Hutchison to the ceremony was "one of the greatest experiences" of her life.

"The past couple of days with Janet have changed my life," said Lieutenant Reich, an Air National Guard communications officer. "She told me, 'I have never known fear; everything is an adventure,' and I'll take that lesson with me forever. Her story as a WASP is just amazing."

The process to approve the Congressional Gold Medal was introduced and approved in record time last year. The bipartisan effort was led by Sen. Kay Bailey Hutchison of Texas and Sen. Barbara Mikulski of Maryland, as well as Rep. Susan Davis of California and Rep. Ilena Ros-Lehtinen of Florida. All four elected officials spoke at the event.

Deanie Parrish, associate director of Wings Across America, accepted the Congressional Gold Medal on behalf of



Deanie Parrish, one of the World War II Women Airforce Service Pilots and associate director of Wings Across America, accepts the Congressional Gold Medal on behalf of her fellow WASPs at the Capitol March 10, 2010. Presenting the medal are Speaker Nancy Pelosi, Rep. John Boehner, Sen. Harry Reid and Sen. Mitch McConnell. More than 200 WASPs attended the event, many of them wearing their World War II-era uniforms. (U.S. Air Force photo/Staff Sgt. J.G. Buzanowski)

the WASPs. Presenting the medal were Speaker Pelosi, Rep. John Boehner, the House minority leader; Sen. Harry Reid, the Senate majority leader; and Sen. Mitch McConnell, the Senate minority leader

Lt. Col. Nicole Malachowski, the first female pilot in the Air Force's Air Demonstration Squadron was instrumental in shaping the bill to honor and recognize the WASPs. She was also one of the guest speakers at the ceremony.

"Today is the day when the WASPs will make history once again," Colonel Malachowski told the crowd. "If you spend any time at all talking to these wonderful women, you'll notice how humble and gracious and selfless they all are. Their motives for wanting to fly airplanes all those years ago wasn't for fame or glory or recognition. They simply had a passion to take what gifts they had and use them to help defend not only America, but the entire free world, from tyranny. And they let no one get in their way."

Of the more than 1,100 women who

volunteered and flew every fighter, bomber, transport and trainer aircraft in the Air Force inventory 68 years ago, only about 300 are still alive.

Betty Wall Strohfus, a WASP from Minnesota, was one of the women who "just had to be here for this." She flew the B-17 Flying Fortress and B-26 Marauder bombers, as well as the P-39 Airacobra fighter.

"It's almost unbelievable, we never thought this day would come," she said. "We were all just so grateful to have the opportunity to fly. But this was just such a lovely ceremony and so nice for all these people to come out for us."

The Congressional Gold Medal is the highest award Congress can award to a civilian or group of civilians. Past honorees include the Navajo Code Talkers in 2000 and Tuskegee Airmen in 2006. Each WASP received a smaller version of the medal to keep. The original medal will be donated to the Smithsonian Institution for display later this year with the "Women in Aviation" display at its Udvar-Hazy Center in Chantilly, Va.

Congratulations to March promotees, award winners

Senior Airman

Brandon D. Abercrombie, 772nd EAS Michael B. Dicken, 451st ECS Jeremy A. Douthit, 451st AEMXS Brittany V. Harris, 451st EMXS Joshua Houston, 451st AEMXS Karl Issac Roy Hubert, 451 AEMXS James King, 451st EMXS Justin M. Marshall, 451st ESFS Kyle C. Perez, 451st AEMXS Shawn P. Raquet, 451st AEW Marvin D. Richardson, 451st ELRS James M. Richmond,

Staff Sergeant:

451st ESFS

John L. Bayudan, 451st ESFS Jason T. Golden, 451st ELRS Brandon M. Martin Kandahar Airfield Curtis A. McDaniels, 451st ELRS Brandon M. Robinson, Kandahar Airfield

Technical Sergeant:

Clayton S. Backes, 773rd EACS Richard R. Boring Kandahar Airfield Gerrod S. Hartkamp, 451st ELRS Bobby R. Kazmir, Kandahar Airfield Brad P. Manco, 755th EOD

Master Sergeant:

Rene C. Barajas, Kandahar Airfield Jennifer Thompson Crosby, 451st EAVS Wesley G. Rincker, 451st ELRS Stephen G. Vermilya, Kandahar Airfield

Senior Master Sergeant:

Robert T. Dickey, Kandahar Airfield

Airman of the Month

Senior Airman Claire Whitworth, 451st ESFS

NCO of the Month

Staff Sgt. Ryan Lindsay, 451st EMXG

Senior NCO of the Month

Master Sgt. Jarvis Mister, 451st AEW/Wing Staff

CGO of the Month

Capt. Charles McMullen, 451st EOG

Right Start of the Month

2nd Lt. John Berg, 451st EMSG

Aircrew Safety Award of Distinction

Master Sgt. Tony Jacquez, 451st EMXS

Ground Safety Award of Distinction

Chief Master Sgt. Cameron Bailey, 451st ECS



Boston qualified

Master Sgt. Mike Bunting, 451st Expeditionary Maintenance Squadron, won 1st place in the full marathon March 7 at Kandahar Airfield. There were 63 runners in the full marathon portion and 357 runners in the half marathon. Sergeant Bunting is assigned to the 315th Maintenance Squadron at Charleston AFB, SC. (U.S. Air Force photo by Senior Airman Nancy Hooks/Released)

3 mile race for Nepal

Alumni members of the University of Washington will host the 3-mile race for Nepal April 3 on KAF. The organization raises money to build or rebuild schools in Nepal, India.

Registration is \$10 per person.

T-shirts will be given to the first 350 runners. Register at the boardwalk stage Mondays, Wednesdays and Fridays between noon and 2 p.m. and also Fridays from 7 to 8 p.m. For more information, contact Army First Lt. Tracy Tyson at DSN 841-4019 or 562-6075.



Chaplain's Corner

By Chap. (Maj) Yaakov Bindell

When there is Vision...

"Where there is no vision, the people are wild and desolate, but happy is the one who practices the Law." Proverbs 29:18

This past week, I attended the Right Start briefing and was inspired by a statement that one of the briefers mentioned. The 451st AEW Operations Group commander said, "Don't count the days or the hours while you are deployed; rather create goals. When you have goals, your time deployed will pass by quickly."

The advice which we can see from scripture, as well, was clear—we need goals, we need vision. We need to have goals such as being Airman of the Month, completing your professional military education, or starting projects that bring value to our shops or units.

We can see clearly the meaning and the relevance of the Scripture to our everyday lives. The bottom line is that we indeed need vision. However vision is only one part of the equation. Vision creates a situation where one can be productive, but that does not mean we will be happy. To be happy we need more than vision. Vision is the first step and just like we have two feet there are two steps. In the world of the mundane we need goals and a vision; nevertheless these goals only satisfy the base part of our souls. Our thirst for spirituality is not quenched until we have provided our souls with the sustenance that it requires. Ouenching the soul's needs will lead to a wholesome life and to what we all desire—happiness.

We all desire happiness and that comes about through connecting ourselves to God.

Spirituality is so important and, at the same time, often neglected and

sidelined. Spiritual fitness is extremely important to the health of the whole being.

Avoiding our spiritual needs stops us from reaching a modicum of satisfaction and reaching the lofty goal of happiness. At the same time, not addressing our physical needs through goals hinders our spiritual growth. Hence, the sagely advice of Proverbs is that one must have a double focus.

We must focus on filling our days with goals and at the same time focus on finding ways to serve God. There are so many opportunities for spirituality even here in KAF. Actually, our location is even more conducive for a spiritual lifestyle. While we accomplish our desired goals, there are also worship services, bible studies, and even volunteer activities that can quench our spiritual thirsts. May we all have a vision to accomplish great things at KAF and may we quench our spiritual thirst and find true happiness.

Weekly Bulletin

Camp Samek MWR events

- Mar. 16 Bingo at 8 p.m.
- Mar. 18 Dominoes at 8 p.m.
- Mar. 19 Texas Hold 'em at 8
- Mar. 20 Spades at 8 p.m.
- Mar. 21 Pizza & Movie at 8 p.m.

March Madness
Get brackets @ the Rec tent
Fill out, turn in by 7 a.m. March 15

Points awarded for correct pick in each round

Winners based on total number of points accumulated

Chapel Events

Sunday

- Contemporary Protestant Worship Services
 11 a.m. at Camp Samek Reception Tent
- Contemporary Worship Service 11 a.m. at Camp Davis Recreation Tent
- Contemporary Worship Service 5 p.m. at the
- 772nd Expeditionary Airlift Squadron
- For more information, call 420-2289

Looking for a way to help out Afghans?

You can help

- 1. Local schools need supplies
- 2. Local hospitals need medicines
- 3. Local medical trainees need assembled first aid kits.

Want to see something in the next edition of the Chronicle?
Tell us!

Also, send announcements for volunteer opportunities for Airmen in the AOR to:

451AEW.PA@kdab.afcent.af.mil

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"Your hearts and minds are ours"

PA Staf

Chief, Public Affairs: Capt. Kristen D. Duncan Editor: Tech. Sgt. Renni Thornton Photographer: Senior Airman Nancy Hooks Broadcaster: Senior Airman Keith Grote